

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|--|
| 1 | 2 | 3 | 4 | 5 |
| Baked Spaghetti, 1 serving Breadstick, Breadstick Shredded Lettuce Salad with Dressing, Cup Watermelon, 1/2 cup Milk, 8 FL OZ | Herb Crusted Salmon, 4 ounces Garlic Butter Rice, 1/2 Cup Asparagus, 1/2 cup Sherbet, 1 each <i>Vanilla Custard, 5 OZ</i> Milk, 8 FL OZ | Buttered Chicken, serving Potato Wedges, 1/2 cup Sugar Snap Peas, 1/2 cup Berry Medley, 1/2 cup Milk, 8 FL OZ | Hamburger on a Bun, Sandwich <i>Wheat Bread, Slice</i> Ketchup and Mustard, Packet Green Beans, 1/2 cup Marble Cheesecake Brownie, 2x3 square Milk, 8 FL OZ | Country Style Pork Ribs, 4 ounces Scalloped Potatoes, servings Brussels Sprouts, 1/2 cup Grapes, 1/2 cup Milk, 8 FL OZ |
| 8 | 9 | 10 | 11 | 12 |
| Beef Porcupines, 2 Balls Hashbrown Casserole, 1/2 cup Bermuda Vegetable Blend, 1/2 cup Strawberry Fluff, 1/2 cup Milk, 8 FL OZ | Orange Chicken, Servings <i>Baked Chicken, 4 ounces</i> Rice, 1/2 cup Stir Fry Vegetable Blend, 1/2 cup Fresh Fruit, 1/2 cup Milk, 8 FL OZ | Tomato Spinach Pasta, 1/2 Cup Garlic Bread, Slice Asparagus, 1/2 cup Pudding, 1/2 cup <i>Diet Pudding, 1/2 cup</i> Milk, 8 FL OZ | Beef Stroganoff, 6 oz ladle Egg Noodles, 1/2 cup Mixed Vegetables, 1/2 cup Apricot Halves, 1/2 cup Milk, 8 FL OZ | Baked Herb Fish, 3 ounces Tartar Sauce, Packet <i>Fish Fillet, 3 ounces</i> Garden Blend Rice, 1/2 cup <i>Garden Blend Rice, 1/3 cup</i> Baby Carrots, 1/2 cup Apple Crisp, 1/2 cup <i>Cinnamon Baked Apples, 4 oz ladle</i> Milk, 8 FL OZ |
| 15 | 16 | 17 | 18 | 19 |
| Meatloaf, 3 ounces Mashed Potatoes, Servings Brown Gravy, 2 oz ladle Vegetable Blend, 1/2 cup Applesauce, 4 oz ladle Milk, 8 FL OZ | Country Fried Steak w/ Cream Gravy, 4 ounces Country Gravy, 2 oz ladle Mashed Potatoes, 1/2 cup Green Beans, 1/2 cup Cookie, Cookie <i>Diet Citrus Gelatin, 2x2.5 square</i> Milk, 8 FL OZ | Roast Beef, 3 ounces Corn Mac, serving California Blend Vegetables, servings Fresh Banana, Banana Milk, 8 FL OZ | Chargrilled Beef Patty, 3 ounces Hamburger on Wheat Bun, Sandwich <i>Wheat Bread, Slice</i> Capri Vegetable Blend, 1/2 cup Red Star Cake, Servings Milk, 8 FL OZ | Creamy Italian Sausage Pasta, Servings Breadstick, Breadstick Cauliflower, 1/2 cup Tropical Fruit, 1/2 cup <i>Diet Citrus Gelatin, 2x2.5 square</i> Milk, 8 FL OZ |
| 22 | 23 | 24 | 25 | 26 |
| Buttered Chicken, serving Sour Cream Mashed Potatoes, 1/2 cup Broccoli Florets, 1/2 cup Cream Pie, 1/8 pie <i>Diet Pudding, 1/2 cup</i> Milk, 8 FL OZ | Chicken Broccoli & Rice Casserole, 2/3 cup Dinner Roll, Roll Butter or Margarine, Packet Vegetable Blend, Servings Diced Peaches, 1/2 cup Milk, 8 FL OZ | Breaded Cod Fillet, 4 ounces Baked Potato, 1/2 each Sour Cream, Packet Butter or Margarine, Packet Asparagus, 1/2 cup Apple Crumb Cake, 2x3 square <i>Cinnamon Baked Apples, 4 oz ladle</i> Milk, 8 FL OZ | Meatsauce with Spaghetti Noodles, 2 oz/1/2 cup Breadstick, Breadstick Zucchini, 1/2 cup Pineapple Tidbits, 1/2 cup Milk, 8 FL OZ | Macaroni and Cheese with Pork, 6 oz ladle Green Beans, 1/2 cup Chocolate Peanut Butter Bar, 2x3 square Milk, 8 FL OZ |
| 29 | 30 | | | |
| Sloppy Joe on a Bun, Sandwich <i>Wheat Bread, Slice</i> Baby Carrots, 1/2 cup Mango Cup, 1/2 cup Milk, 8 FL OZ | Sweet Sour Chicken, Servings <i>Baked Chicken, 4 ounces</i> Steamed Rice, 1/2 cup Stir Fry Vegetable Blend, 1/2 cup Lemon Bar, Bar Milk, 8 FL OZ | | | |